

The Skeptic Zone
Show 388 - 27 March 2016



Phyllis Maud Saunders
1934 - 2016

1
00:00:21,670 --> 00:00:09,110
welcome to the skeptic zone the podcast

2
00:00:29,180 --> 00:00:24,320
hello and welcome to the skeptic zone

3
00:00:32,510 --> 00:00:29,190
episode number 388 for the 27th of March

4
00:00:35,240 --> 00:00:32,520
2016 Richard Saunders here with you from

5
00:00:40,150 --> 00:00:35,250
Sydney Australia a little bit of a

6
00:00:45,070 --> 00:00:40,160
subdued Richard Saunders today sadly is

7
00:00:50,299 --> 00:00:45,080
some of you know by now mind your mother

8
00:00:53,479 --> 00:00:50,309
died yesterday but she was quite a piece

9
00:00:58,360 --> 00:00:53,489
in the hospital and all her children and

10
00:01:03,380 --> 00:00:58,370
family were surrounding her mother had

11
00:01:06,100 --> 00:01:03,390
inherited from her mother we widely

12
00:01:10,450 --> 00:01:06,110
suspect any way from her mother the

13
00:01:13,670 --> 00:01:10,460

defective bracket to gene which is the

14

00:01:17,870 --> 00:01:13,680

breast cancer and ovarian cancer gene

15

00:01:21,560 --> 00:01:17,880

some of you may have heard of this from

16

00:01:23,660 --> 00:01:21,570

Angelina Jolie she had that she has that

17

00:01:30,260 --> 00:01:23,670

defective gene and another one which is

18

00:01:34,190 --> 00:01:30,270

pretty bad 30 years ago my mother could

19

00:01:38,300 --> 00:01:34,200

have died from breast cancer but she

20

00:01:41,620 --> 00:01:38,310

didn't because of the state of Medical

21

00:01:45,790 --> 00:01:41,630

Science in the 1980s it was good enough

22

00:01:51,529 --> 00:01:45,800

to to give her another 30 years of life

23

00:01:54,290 --> 00:01:51,539

about 12 years ago the cancer attacked

24

00:01:58,070 --> 00:01:54,300

her stomach and she was in hospital for

25

00:02:00,889 --> 00:01:58,080

six weeks then started chemotherapy in

26

00:02:04,190 --> 00:02:00,899

the last year or so though the the

27

00:02:05,809 --> 00:02:04,200

cancers came back mum had some more

28

00:02:09,320 --> 00:02:05,819

chemotherapy which gave us some more

29

00:02:11,180 --> 00:02:09,330

time but ultimately of course now many

30

00:02:15,920 --> 00:02:11,190

of us of course Oh our mothers quite a

31

00:02:19,100 --> 00:02:15,930

bit quite a lot but there's a major old

32

00:02:22,100 --> 00:02:19,110

boy who couldn't read very well at all

33

00:02:24,440 --> 00:02:22,110

having mum sit down with me and turn the

34

00:02:26,750 --> 00:02:24,450

pages of the origami book step by step

35

00:02:29,920 --> 00:02:26,760

until we did manage to fold the frog it

36

00:02:32,810 --> 00:02:29,930

meant a lot to me then and it still does

37

00:02:34,030 --> 00:02:32,820

so goodbye and many thanks to Phyllis

38

00:02:36,580 --> 00:02:34,040

Maud

39

00:02:39,339 --> 00:02:36,590

Saunders who was born into the Walker

40

00:02:41,949 --> 00:02:39,349

family oh and by the way she was a

41

00:02:45,130 --> 00:02:41,959

terrific grandma to my nephews and

42

00:02:46,420 --> 00:02:45,140

nieces oh my goodness me and for the

43

00:02:48,670 --> 00:02:46,430

rest of their lives they'll remember

44

00:02:51,729 --> 00:02:48,680

grandma and the way that grandma always

45

00:02:57,270 --> 00:02:51,739

had lovely treats for them whenever they

46

00:03:00,460 --> 00:02:57,280

came to visit now this coincidentally

47

00:03:01,539 --> 00:03:00,470

prompts me to tell you about an article

48

00:03:03,910 --> 00:03:01,549

which has been brought to my attention

49

00:03:05,589 --> 00:03:03,920

by our very own reporter Heidi Robertson

50

00:03:09,210 --> 00:03:05,599

the raw skeptic who you will hear later

51
00:03:14,589 --> 00:03:09,220
on in the show and this appears at the

52
00:03:17,020 --> 00:03:14,599
Guardian calm and the title is Don't

53
00:03:19,059 --> 00:03:17,030
Tell cancer patients what they could be

54
00:03:22,569 --> 00:03:19,069
doing to cure themselves and this is by

55
00:03:24,399 --> 00:03:22,579
Stephen W Thrasher there are many ways

56
00:03:27,280 --> 00:03:24,409
to support someone going through cancer

57
00:03:30,520 --> 00:03:27,290
treatment recommending pseudo-scientific

58
00:03:32,409 --> 00:03:30,530
treatments isn't one of them if you're a

59
00:03:35,530 --> 00:03:32,419
religious person for the love of god

60
00:03:38,800 --> 00:03:35,540
don't tell someone with cancer that if

61
00:03:42,550 --> 00:03:38,810
they just drank juice or take vitamins

62
00:03:44,830 --> 00:03:42,560
or pray or have a positive attitude that

63
00:03:46,539 --> 00:03:44,840

they could cure themselves and if you're

64

00:03:49,599 --> 00:03:46,549

not a religious person for the love of

65

00:03:51,309 --> 00:03:49,609

reason and decency don't tell someone

66

00:03:53,860 --> 00:03:51,319

with cancer any of these things either

67

00:03:57,309 --> 00:03:53,870

it was my late sister Sharon's birthday

68

00:03:59,110 --> 00:03:57,319

last week and it's Easter this week my

69

00:04:01,569 --> 00:03:59,120

second time is spending two holidays

70

00:04:04,659 --> 00:04:01,579

without her and we often celebrated

71

00:04:06,969 --> 00:04:04,669

together each spring if Sharon was

72

00:04:09,550 --> 00:04:06,979

feeling good I'd have a tepid sense of

73

00:04:12,520 --> 00:04:09,560

hope for her as her beloved peonies

74

00:04:14,710 --> 00:04:12,530

which I flowers came into bloom she

75

00:04:18,159 --> 00:04:14,720

lived with a rare type of sarcoma tissue

76

00:04:21,330 --> 00:04:18,169

cancer for 15 years and we never knew if

77

00:04:24,189 --> 00:04:21,340

each season of renewal would be her last

78

00:04:26,469 --> 00:04:24,199

since she's been gone I've been able to

79

00:04:28,629 --> 00:04:26,479

understand that my sister wasn't alone

80

00:04:30,969 --> 00:04:28,639

in a particular burden she bore I've

81

00:04:33,219 --> 00:04:30,979

been hearing from friends with cancer

82

00:04:36,040 --> 00:04:33,229

and other serious illnesses they are

83

00:04:37,839 --> 00:04:36,050

overwhelmed when concerned people lob

84

00:04:41,740 --> 00:04:37,849

suggestions at them for homeopathic

85

00:04:43,839 --> 00:04:41,750

remedies they should be doing over the

86

00:04:45,770 --> 00:04:43,849

years it was painful for me to see

87

00:04:48,560 --> 00:04:45,780

people tell my sister and

88

00:04:50,540 --> 00:04:48,570

me that she could just cure herself if

89

00:04:53,870 --> 00:04:50,550

she really wanted to didn't she know

90

00:04:55,940 --> 00:04:53,880

that if she just drank lemon juice every

91

00:04:58,490 --> 00:04:55,950

day she could wipe her cancer cells out

92

00:05:00,920 --> 00:04:58,500

that if she just watched the Netflix

93

00:05:04,010 --> 00:05:00,930

documentary the gas and miracle should

94

00:05:06,110 --> 00:05:04,020

be okay that if she were only willing to

95

00:05:07,640 --> 00:05:06,120

take vitamins or eat raw food or do yo

96

00:05:10,400 --> 00:05:07,650

girl look at the bright side of things

97

00:05:11,810 --> 00:05:10,410

her illness would go away let's put

98

00:05:13,490 --> 00:05:11,820

aside for the moment that none of these

99

00:05:15,950 --> 00:05:13,500

claims have been validated by

100

00:05:18,950 --> 00:05:15,960

peer-reviewed science and that none of

101

00:05:21,200 --> 00:05:18,960

them are true juice is no more of a

102

00:05:23,900 --> 00:05:21,210

magical answer to illness than the gas

103

00:05:27,560 --> 00:05:23,910

and methods demand for people who are

104

00:05:30,260 --> 00:05:27,570

sick to eat raw calf liver Oh shove

105

00:05:32,540 --> 00:05:30,270

coffee grounds into their rectums let's

106

00:05:34,480 --> 00:05:32,550

also put aside at a variety of modern

107

00:05:37,310 --> 00:05:34,490

medical procedures including

108

00:05:40,640 --> 00:05:37,320

chemotherapy radiation surgery and more

109

00:05:42,469 --> 00:05:40,650

plus inexplicable luck helped keep my

110

00:05:45,140 --> 00:05:42,479

sister alive for many years more than

111

00:05:46,870 --> 00:05:45,150

expected and she died despite having a

112

00:05:49,909 --> 00:05:46,880

well-developed sense of spirituality

113

00:05:52,490 --> 00:05:49,919

nutrition Puma and tenacity let's

114

00:05:55,190 --> 00:05:52,500

instead confront the three reasons I

115

00:05:57,469 --> 00:05:55,200

think it's an act of violence every time

116

00:05:59,870 --> 00:05:57,479

someone suggests a simplistic unproven

117

00:06:03,500 --> 00:05:59,880

and fantastic cure for another's cancer

118

00:06:06,140 --> 00:06:03,510

first it's condescending if lemon juice

119

00:06:08,570 --> 00:06:06,150

really cured cancer don't you think we'd

120

00:06:10,730 --> 00:06:08,580

all be dancing around citrus trees that

121

00:06:13,430 --> 00:06:10,740

lemonade would be traded on Wall Street

122

00:06:16,130 --> 00:06:13,440

and hedge funds would be peddling lemon

123

00:06:18,469 --> 00:06:16,140

flavored credit default swaps more

124

00:06:21,050 --> 00:06:18,479

importantly when someone has a cancer

125

00:06:23,420 --> 00:06:21,060

for months or years maybe living through

126
00:06:25,610 --> 00:06:23,430
hours of doctor appointments days in

127
00:06:27,740 --> 00:06:25,620
hospital and months in bed don't you

128
00:06:29,870 --> 00:06:27,750
think they'd have time to consider every

129
00:06:32,810 --> 00:06:29,880
possible option with the seriousness

130
00:06:34,940 --> 00:06:32,820
their own mortality deserves my sister

131
00:06:37,730 --> 00:06:34,950
was a PhD and a licensed psychologist

132
00:06:39,380 --> 00:06:37,740
and she fought hard as a black woman to

133
00:06:41,480 --> 00:06:39,390
establish her place in the medical

134
00:06:44,390 --> 00:06:41,490
profession why would people look at her

135
00:06:46,670 --> 00:06:44,400
and think well in all these years of

136
00:06:49,130 --> 00:06:46,680
facing death as a doctor consulting

137
00:06:52,520 --> 00:06:49,140
other doctors she probably so lacking in

138
00:06:56,630 --> 00:06:52,530

intellectual curiosity or she is such a

139

00:06:59,180 --> 00:06:56,640

stooge of Big Pharma ah that I bet she

140

00:07:02,930 --> 00:06:59,190

hasn't considered this advice I read

141

00:07:04,880 --> 00:07:02,940

in a magazine second it could be argued

142

00:07:08,300 --> 00:07:04,890

that people giving advice and just

143

00:07:12,140 --> 00:07:08,310

trying to quote do something and quote

144

00:07:13,880 --> 00:07:12,150

and kindly offer help but I reject this

145

00:07:16,220 --> 00:07:13,890

if you want to do something to help

146

00:07:18,620 --> 00:07:16,230

someone in distress as George Carlin

147

00:07:21,950 --> 00:07:18,630

famously reft unplug their clogged

148

00:07:23,660 --> 00:07:21,960

toilet or paint their garage don't tell

149

00:07:25,880 --> 00:07:23,670

a sick or injured person what they

150

00:07:27,680 --> 00:07:25,890

should do because it's a sneaky and

151
00:07:30,920 --> 00:07:27,690
harmful way of dealing with your own

152
00:07:32,870 --> 00:07:30,930
fear of death you're saying tisk tisk i

153
00:07:35,390 --> 00:07:32,880
wouldn't let this happen to me the way

154
00:07:37,520 --> 00:07:35,400
you've let it happen to you finally

155
00:07:40,760 --> 00:07:37,530
giving advice to people with cancer

156
00:07:43,040 --> 00:07:40,770
blames a sick person for your discomfort

157
00:07:46,040 --> 00:07:43,050
with their reality and shifts any

158
00:07:48,980 --> 00:07:46,050
accountability you feel back on to them

159
00:07:51,200 --> 00:07:48,990
as authors Barbara Ehrenreich and Sarah

160
00:07:53,780 --> 00:07:51,210
Schumann have shown we have ethical

161
00:07:56,480 --> 00:07:53,790
responsibilities to be vulnerable in our

162
00:07:58,880 --> 00:07:56,490
communities and we find excuses to avoid

163
00:08:01,160 --> 00:07:58,890

them having cancer or caring for someone

164

00:08:04,100 --> 00:08:01,170

with it understandably causes fear

165

00:08:08,000 --> 00:08:04,110

anxiety and depression expecting someone

166

00:08:09,890 --> 00:08:08,010

to have a positive attitude trademark

167

00:08:12,800 --> 00:08:09,900

when they are facing mortality or

168

00:08:14,720 --> 00:08:12,810

telling them that they've mr. simplistic

169

00:08:17,710 --> 00:08:14,730

way that could have avoided their fate

170

00:08:20,180 --> 00:08:17,720

further isolates and shuns them as

171

00:08:23,750 --> 00:08:20,190

anthropologist s Lachlan Jane wrote in

172

00:08:26,390 --> 00:08:23,760

malignant how cancer becomes us quote

173

00:08:29,270 --> 00:08:26,400

the huge and punishing self-help

174

00:08:31,700 --> 00:08:29,280

industry preys on the fears and adds

175

00:08:34,459 --> 00:08:31,710

guilt to the mix as one woman with

176

00:08:37,400 --> 00:08:34,469

metastatic colon cancer said on a

177

00:08:39,620 --> 00:08:37,410

retreat i attended maybe I haven't

178

00:08:41,990 --> 00:08:39,630

laughed enough talking at someone with

179

00:08:44,360 --> 00:08:42,000

cancer about what they should do rather

180

00:08:47,000 --> 00:08:44,370

than being with them in a morass with no

181

00:08:49,579 --> 00:08:47,010

easy answers is not helping them it is

182

00:08:53,210 --> 00:08:49,589

you unfairly shaming them for having

183

00:08:55,610 --> 00:08:53,220

failed at self-help which isn't even a

184

00:08:58,730 --> 00:08:55,620

thing it's hard to be with people in

185

00:09:00,380 --> 00:08:58,740

grief it is hard to be with people who

186

00:09:03,110 --> 00:09:00,390

are facing death or with their

187

00:09:05,329 --> 00:09:03,120

caregivers the next time you are don't

188

00:09:07,640 --> 00:09:05,339

give them stupid advice they're not

189

00:09:11,030 --> 00:09:07,650

stupid trust they're given more thought

190

00:09:12,620 --> 00:09:11,040

to their course of treatment and you did

191

00:09:14,810 --> 00:09:12,630

listening to that public

192

00:09:17,390 --> 00:09:14,820

Oh story trust yourself to be just with

193

00:09:18,650 --> 00:09:17,400

them in the unknown trust yourself to

194

00:09:21,380 --> 00:09:18,660

love them in the condition they're in

195

00:09:23,420 --> 00:09:21,390

instead of ignorantly and egotistical II

196

00:09:27,050 --> 00:09:23,430

giving them useless advice that won't

197

00:09:29,030 --> 00:09:27,060

ultimately change their prognosis one of

198

00:09:30,920 --> 00:09:29,040

the last and most frightening lessons I

199

00:09:32,980 --> 00:09:30,930

learned with my sister in her final days

200

00:09:36,920 --> 00:09:32,990

was the importance of being with another

201
00:09:39,680 --> 00:09:36,930
when there is nothing to do or say it is

202
00:09:42,380 --> 00:09:39,690
terrifying to just be with a loved one

203
00:09:44,360 --> 00:09:42,390
and to admit you're powerless to stop

204
00:09:47,780 --> 00:09:44,370
their death but it can be the most

205
00:09:50,210 --> 00:09:47,790
powerful quiet and loving gift you can

206
00:09:52,520 --> 00:09:50,220
give each other and that was don't tell

207
00:09:55,370 --> 00:09:52,530
cancer patients what they could be doing

208
00:09:59,780 --> 00:09:55,380
to cure themselves by Stephen W Thrasher

209
00:10:02,120 --> 00:09:59,790
as published at the Guardian dot-com so

210
00:10:03,590 --> 00:10:02,130
well now what's coming up on the rest of

211
00:10:05,150 --> 00:10:03,600
the skeptic zone we're going to kick off

212
00:10:07,490 --> 00:10:05,160
for the raw skeptic report Heidi

213
00:10:09,530 --> 00:10:07,500

Robinson and she's going to be

214

00:10:12,440 --> 00:10:09,540

discussing what the Northern Rivers

215

00:10:15,860 --> 00:10:12,450

vaccination supporters group do speaking

216

00:10:17,450 --> 00:10:15,870

about fighting quite cures to promote

217

00:10:20,630 --> 00:10:17,460

themselves and spread the message of

218

00:10:23,300 --> 00:10:20,640

vaccination in their area and it's a

219

00:10:24,890 --> 00:10:23,310

it's a good lesson for everybody party's

220

00:10:26,660 --> 00:10:24,900

going to be discussing some of the memes

221

00:10:29,060 --> 00:10:26,670

and posters and things that they've

222

00:10:31,280 --> 00:10:29,070

created after that we have a press

223

00:10:33,140 --> 00:10:31,290

release by the Friends of science in

224

00:10:36,560 --> 00:10:33,150

medicine what a good group they are

225

00:10:39,890 --> 00:10:36,570

doing fantastic work necessary work to

226

00:10:41,770 --> 00:10:39,900

combat quackery and this media release

227

00:10:44,660 --> 00:10:41,780

press release is all about so-called

228

00:10:45,980 --> 00:10:44,670

integrative medicine then to round off

229

00:10:47,540 --> 00:10:45,990

the show something a little bit more

230

00:10:50,540 --> 00:10:47,550

lighthearted and why not I think we

231

00:10:54,440 --> 00:10:50,550

could all use it may not and I yeah the

232

00:10:57,560 --> 00:10:54,450

week went to a meetup group which we do

233

00:11:01,400 --> 00:10:57,570

regularly the podcasting Sydney group

234

00:11:03,830 --> 00:11:01,410

and main our chats to our other the

235

00:11:07,180 --> 00:11:03,840

guest speaker now this is a one of the

236

00:11:10,610 --> 00:11:07,190

guys behind the spokie below keys

237

00:11:12,290 --> 00:11:10,620

podcast this is quite fun to guys get on

238

00:11:17,150 --> 00:11:12,300

their bikes and ride around Sydney

239

00:11:18,890 --> 00:11:17,160

suburbs if the microphones attached to

240

00:11:21,710 --> 00:11:18,900

the side of the head and well give a

241

00:11:24,980 --> 00:11:21,720

running running a writing commentary of

242

00:11:26,240 --> 00:11:24,990

what they see good fun and may not also

243

00:11:29,540 --> 00:11:26,250

speaks to Siobhan

244

00:11:31,910 --> 00:11:29,550

sullivan the the founder of podcasting

245

00:11:34,010 --> 00:11:31,920

sydney about her podcast and knowing

246

00:11:35,630 --> 00:11:34,020

animals now if you're in sydney and you

247

00:11:38,300 --> 00:11:35,640

make a podcast or just like podcasts

248

00:11:40,100 --> 00:11:38,310

then i can I certainly recommend this

249

00:11:43,070 --> 00:11:40,110

meetup group all you have to do is

250

00:11:44,990 --> 00:11:43,080

google podcasting sydney and meet up to

251
00:11:48,640 --> 00:11:45,000
find the page well that's enough for me

252
00:11:53,680 --> 00:11:48,650
right now i'm going to run downstairs

253
00:11:56,810 --> 00:11:53,690
have a cup of coffee and remember fondly

254
00:11:59,510 --> 00:11:56,820
the award-winning chocolate cake only

255
00:12:04,150 --> 00:11:59,520
about two years ago my mother won the

256
00:12:07,570 --> 00:12:04,160
local er in her village the local

257
00:12:09,980 --> 00:12:07,580
competition for chocolate cakes or cakes

258
00:12:11,390 --> 00:12:09,990
that's gone it's going to be tough i'm

259
00:12:13,880 --> 00:12:11,400
going to miss that mando peanut butter

260
00:12:20,710 --> 00:12:13,890
cookies while I'm doing that I hope you

261
00:12:20,720 --> 00:12:35,329
by travelpod member

262
00:12:51,119 --> 00:12:39,299
it's the raw skeptic report with Heidi

263
00:12:53,519 --> 00:12:51,129

Robertson hi Heidi Robertson here if you

264

00:12:55,679 --> 00:12:53,529

are a regular listener you would have

265

00:12:58,079 --> 00:12:55,689

heard both Richard and I talking a lot

266

00:13:01,979 --> 00:12:58,089

about vaccinations and the Northern

267

00:13:05,039 --> 00:13:01,989

Rivers vaccination supporters group over

268

00:13:07,739 --> 00:13:05,049

the nearly three years that the nrvs has

269

00:13:10,199 --> 00:13:07,749

been in existence we've managed to

270

00:13:12,780 --> 00:13:10,209

achieve a few things all of us that

271

00:13:15,809 --> 00:13:12,790

manage that group have jobs and families

272

00:13:18,650 --> 00:13:15,819

and of course what we do for nrvs is

273

00:13:22,439 --> 00:13:18,660

completely voluntary and in our own time

274

00:13:24,840 --> 00:13:22,449

which we do gladly but it does dictate

275

00:13:28,349 --> 00:13:24,850

to an extent how much we can achieve in

276

00:13:30,530 --> 00:13:28,359

a fixed period of time the goal of

277

00:13:33,269 --> 00:13:30,540

turning around this region's abysmal

278

00:13:35,939 --> 00:13:33,279

vaccination rates was never going to

279

00:13:38,819 --> 00:13:35,949

happen overnight of course it will take

280

00:13:41,249 --> 00:13:38,829

time and as the world's most impatient

281

00:13:45,150 --> 00:13:41,259

person this has been a hard thing for me

282

00:13:47,129 --> 00:13:45,160

to come to terms with but step by baby

283

00:13:50,970 --> 00:13:47,139

step we're making some inroads and

284

00:13:53,639 --> 00:13:50,980

getting our message out there as part of

285

00:13:55,139 --> 00:13:53,649

our presence on social media we decided

286

00:13:57,629 --> 00:13:55,149

to come up with some memes and

287

00:14:01,169 --> 00:13:57,639

infographics that we could post on our

288

00:14:03,989 --> 00:14:01,179

Facebook page most people's Facebook

289

00:14:07,590 --> 00:14:03,999

pages and Twitter feeds are filled with

290

00:14:10,470 --> 00:14:07,600

news items links to opinion pieces and

291

00:14:13,139 --> 00:14:10,480

blogs of course the obligatory cat

292

00:14:16,409 --> 00:14:13,149

photos and videos and a million other

293

00:14:18,869 --> 00:14:16,419

things one cannot possibly hope to read

294

00:14:22,739 --> 00:14:18,879

or keep up to date with everything that

295

00:14:25,169 --> 00:14:22,749

appears on one's feed with a subject

296

00:14:26,970 --> 00:14:25,179

like vaccination where the science for

297

00:14:30,150 --> 00:14:26,980

us lay people can get quite complicated

298

00:14:32,699 --> 00:14:30,160

at times it's important to be able to

299

00:14:36,929 --> 00:14:32,709

have some i grabbing memes with a simple

300

00:14:39,629 --> 00:14:36,939

but powerful message the ones we post

301
00:14:40,790 --> 00:14:39,639
are not propaganda if we post an

302
00:14:43,820 --> 00:14:40,800
infographic or a

303
00:14:46,160 --> 00:14:43,830
with statistics or facts we will always

304
00:14:50,329 --> 00:14:46,170
post links to the evidence behind our

305
00:14:52,550 --> 00:14:50,339
statements so one of our admins dr.

306
00:14:55,639 --> 00:14:52,560
Rachel heap began to try her hand at

307
00:14:57,949 --> 00:14:55,649
making some memes over time we assess

308
00:15:01,220 --> 00:14:57,959
which ones had the most impact on social

309
00:15:05,420 --> 00:15:01,230
media by way of likes shares comments

310
00:15:08,230 --> 00:15:05,430
and reach we chose the top 4 and have

311
00:15:11,810 --> 00:15:08,240
them printed into a three sized posters

312
00:15:14,720 --> 00:15:11,820
which are now I'm pleased to say in GPS

313
00:15:16,850 --> 00:15:14,730

waiting rooms hospitals baby health

314

00:15:19,490 --> 00:15:16,860

clinics and notice boards throughout the

315

00:15:21,680 --> 00:15:19,500

northern rivers we have relied on our

316

00:15:23,660 --> 00:15:21,690

members volunteering to distribute them

317

00:15:25,819 --> 00:15:23,670

and are very grateful for their

318

00:15:28,430 --> 00:15:25,829

willingness and enthusiasm in helping

319

00:15:31,730 --> 00:15:28,440

the first poster focuses on whooping

320

00:15:34,250 --> 00:15:31,740

cough one of our members kindly gave us

321

00:15:38,960 --> 00:15:34,260

a photo featuring herself with her baby

322

00:15:42,139 --> 00:15:38,970

sister and mother the text says quote is

323

00:15:44,210 --> 00:15:42,149

there a new baby in your family being

324

00:15:46,370 --> 00:15:44,220

vaccinated against whooping cough will

325

00:15:50,350 --> 00:15:46,380

not only protect you it will also

326

00:15:53,269 --> 00:15:50,360

protect the people around you facts won

327

00:15:55,699 --> 00:15:53,279

nine out of ten babies less than three

328

00:15:58,190 --> 00:15:55,709

months old who get pertussis have to be

329

00:16:01,280 --> 00:15:58,200

looked after in hospital and most have

330

00:16:03,920 --> 00:16:01,290

to stay in hospital about a week some

331

00:16:07,760 --> 00:16:03,930

die even with the best medical support

332

00:16:10,160 --> 00:16:07,770

available to pertussis immunity wears

333

00:16:13,280 --> 00:16:10,170

off after the disease and after the

334

00:16:15,110 --> 00:16:13,290

vaccination all adults in contact with a

335

00:16:19,069 --> 00:16:15,120

baby should have a booster every 10

336

00:16:21,260 --> 00:16:19,079

years 3 if you are pregnant ask your

337

00:16:23,300 --> 00:16:21,270

doctor about how you can safely protect

338

00:16:26,060 --> 00:16:23,310

your baby with a booster in the third

339

00:16:30,410 --> 00:16:26,070

trimester if you don't get the disease

340

00:16:33,560 --> 00:16:30,420

you can't pass it on end quote the

341

00:16:36,110 --> 00:16:33,570

second poster focuses on measles the

342

00:16:39,350 --> 00:16:36,120

title quote let's compare two

343

00:16:43,130 --> 00:16:39,360

populations of 100,000 people 1

344

00:16:45,530 --> 00:16:43,140

vaccinated why not what would happen if

345

00:16:49,670 --> 00:16:45,540

they were all exposed to the measles end

346

00:16:52,310 --> 00:16:49,680

quote we then have two pie charts one

347

00:16:54,040 --> 00:16:52,320

titled vaccinated population and the

348

00:16:58,480 --> 00:16:54,050

other unvaccinated

349

00:17:00,519 --> 00:16:58,490

elation and wealth pie charts speak for

350

00:17:02,860 --> 00:17:00,529

themselves it's an extremely powerful

351

00:17:05,439 --> 00:17:02,870

visual that you can check out on our

352

00:17:09,520 --> 00:17:05,449

Facebook page along with all the others

353

00:17:11,980 --> 00:17:09,530

that are mentioning today the third and

354

00:17:13,780 --> 00:17:11,990

fourth posters focused particularly on a

355

00:17:15,610 --> 00:17:13,790

subset of the demographic in the

356

00:17:18,370 --> 00:17:15,620

Northern Rivers who lead alternative

357

00:17:20,710 --> 00:17:18,380

lifestyles we wanted to make the point

358

00:17:22,569 --> 00:17:20,720

that leading an alternative lifestyle

359

00:17:26,610 --> 00:17:22,579

and vaccination do not have to be

360

00:17:28,750 --> 00:17:26,620

mutually exclusive you can do both

361

00:17:32,590 --> 00:17:28,760

unfortunately the view seems to be

362

00:17:35,440 --> 00:17:32,600

amongst many here that if you do choose

363

00:17:38,110 --> 00:17:35,450

the so-called crunchy lifestyle you must

364

00:17:43,060 --> 00:17:38,120

embrace all of it which includes not

365

00:17:44,950 --> 00:17:43,070

vaccinating so one of these posters also

366

00:17:47,140 --> 00:17:44,960

has a photo donated by one of our

367

00:17:50,530 --> 00:17:47,150

members with herself and her toddler out

368

00:17:52,990 --> 00:17:50,540

in the veggie patch together the text I

369

00:17:54,880 --> 00:17:53,000

teach my kids how to grow our own

370

00:17:58,299 --> 00:17:54,890

veggies and take care of the environment

371

00:18:00,700 --> 00:17:58,309

I also choose to vaccinate to safely

372

00:18:04,180 --> 00:18:00,710

give them specific immunity to some

373

00:18:06,610 --> 00:18:04,190

serious infectious diseases no food can

374

00:18:11,409 --> 00:18:06,620

do that for them protecting my kids

375

00:18:13,390 --> 00:18:11,419

comes naturally and quote the fourth

376

00:18:15,580 --> 00:18:13,400

poster also features a member of our

377

00:18:20,290 --> 00:18:15,590

group breastfeeding her child with a

378

00:18:23,290 --> 00:18:20,300

similar message on our website nrvs dot

379

00:18:25,510 --> 00:18:23,300

info we have flyers available for anyone

380

00:18:28,810 --> 00:18:25,520

to download that have proved very useful

381

00:18:30,909 --> 00:18:28,820

for expectant mothers as well as immune

382

00:18:33,250 --> 00:18:30,919

suppressed people from all over the

383

00:18:35,380 --> 00:18:33,260

world people have told us they have put

384

00:18:38,080 --> 00:18:35,390

them up on their front door or their

385

00:18:41,200 --> 00:18:38,090

hospital door or posted them on social

386

00:18:43,210 --> 00:18:41,210

media for family and friends to see one

387

00:18:46,780 --> 00:18:43,220

was made in conjunction with kath and

388

00:18:48,360 --> 00:18:46,790

greg hughes from light for Riley who as

389

00:18:51,909 --> 00:18:48,370

I'm sure you remember from previous

390

00:18:57,220 --> 00:18:51,919

reports tragically lost their baby Riley

391

00:18:59,770 --> 00:18:57,230

to pertussis at only 32 days old it

392

00:19:04,020 --> 00:18:59,780

features a beautiful photo of Riley and

393

00:19:07,539 --> 00:19:04,030

the text quote Novak's no visit to

394

00:19:09,310 --> 00:19:07,549

protect our new baby we ask that all our

395

00:19:12,269 --> 00:19:09,320

friends and family make sure that they

396

00:19:14,710 --> 00:19:12,279

are up to date with their vaccinations

397

00:19:17,889 --> 00:19:14,720

please talk to your doctor about which

398

00:19:19,600 --> 00:19:17,899

vaccines you may require immunity wears

399

00:19:22,149 --> 00:19:19,610

off particularly quickly for whooping

400

00:19:23,830 --> 00:19:22,159

cough so you need regular boosters thank

401
00:19:28,539 --> 00:19:23,840
you and we can't wait for you to meet

402
00:19:30,340 --> 00:19:28,549
our new edition and quote the next is

403
00:19:33,970 --> 00:19:30,350
similar but focuses on raising awareness

404
00:19:36,489 --> 00:19:33,980
of how any infection or seemingly minor

405
00:19:40,629 --> 00:19:36,499
ailment can be dangerous for a new baby

406
00:19:44,919 --> 00:19:40,639
and lists things like influenza a rash a

407
00:19:47,769 --> 00:19:44,929
temperature cold sores and so on and for

408
00:19:50,109 --> 00:19:47,779
the immune suppressed a flyer quote are

409
00:19:53,080 --> 00:19:50,119
you planning on visiting please help

410
00:19:54,940 --> 00:19:53,090
protect me whilst I'm sick my disease

411
00:19:57,609 --> 00:19:54,950
and treatment leave me vulnerable to

412
00:20:00,489 --> 00:19:57,619
infection and what might be trivial for

413
00:20:03,099 --> 00:20:00,499

you could be very serious for me thank

414

00:20:04,989 --> 00:20:03,109

you and I can't wait to see you these

415

00:20:08,109 --> 00:20:04,999

are ways in which you can help but if in

416

00:20:10,930 --> 00:20:08,119

doubt please call first are you all up

417

00:20:13,539 --> 00:20:10,940

to date with your vaccinations is anyone

418

00:20:16,320 --> 00:20:13,549

at daycare kindy school or work

419

00:20:18,759 --> 00:20:16,330

currently sick with something infectious

420

00:20:21,220 --> 00:20:18,769

even if you are well you could be

421

00:20:24,879 --> 00:20:21,230

carrying it with you do you have a cough

422

00:20:29,169 --> 00:20:24,889

or cold a rash or a temperature have you

423

00:20:31,299 --> 00:20:29,179

washed your hands and quote and of

424

00:20:33,940 --> 00:20:31,309

course we also have flyers for download

425

00:20:37,539 --> 00:20:33,950

in both color and black and white about

426
00:20:39,399 --> 00:20:37,549
our group and our contact details please

427
00:20:41,950 --> 00:20:39,409
feel free to head on over to the website

428
00:20:43,840 --> 00:20:41,960
and download the Flyers if you have

429
00:20:47,320 --> 00:20:43,850
anyone in your life that may benefit

430
00:20:51,279 --> 00:20:47,330
from them and as always we would value

431
00:20:54,729 --> 00:20:51,289
your support on our facebook page can I

432
00:20:57,159 --> 00:20:54,739
just end with one more thing if there is

433
00:20:59,680 --> 00:20:57,169
something in your community that you

434
00:21:02,470 --> 00:20:59,690
want to change in order to help or

435
00:21:05,979 --> 00:21:02,480
benefit people don't think you can't

436
00:21:08,230 --> 00:21:05,989
make a difference just make a start you

437
00:21:35,600 --> 00:21:08,240
never know where it may lead you

438
00:21:40,070 --> 00:21:38,750

and now a new note a new note a new

439

00:21:43,280 --> 00:21:40,080

little bit of information from our

440

00:21:45,770 --> 00:21:43,290

friends in Victorian the Vics skeptics

441

00:21:48,289 --> 00:21:45,780

who want you to know that this year's

442

00:21:50,360 --> 00:21:48,299

Australian skeptics national convention

443

00:21:54,200 --> 00:21:50,370

will be held in Melbourne on the

444

00:21:56,120 --> 00:21:54,210

twenty-fifth to the 27th of November the

445

00:21:58,010 --> 00:21:56,130

organising committee are selecting

446

00:22:01,640 --> 00:21:58,020

speakers a little differently this year

447

00:22:03,740 --> 00:22:01,650

in addition to invited speakers you can

448

00:22:06,470 --> 00:22:03,750

put yourself forward as a possible

449

00:22:09,590 --> 00:22:06,480

speaker the 2016 convention website

450

00:22:10,909 --> 00:22:09,600

includes a call for papers link if you

451
00:22:13,460 --> 00:22:10,919
think you have the makings of an

452
00:22:15,650 --> 00:22:13,470
excellent presentation for a skeptical

453
00:22:18,230 --> 00:22:15,660
audience please let the organising

454
00:22:20,390 --> 00:22:18,240
committee nova call for papers link

455
00:22:22,430 --> 00:22:20,400
there are a range of time slots

456
00:22:25,940 --> 00:22:22,440
available from the short 15 minutes

457
00:22:28,430 --> 00:22:25,950
skeptic camp style type talks up to the

458
00:22:30,710 --> 00:22:28,440
full 40 minute time slots and don't

459
00:22:34,190 --> 00:22:30,720
forget the Vic skeptics have already

460
00:22:37,700 --> 00:22:34,200
said lawrence krauss and professor it's

461
00:22:40,840 --> 00:22:37,710
art ernst for this year's convention so

462
00:22:46,310 --> 00:22:40,850
just head to HTTP colon slash slash

463
00:23:12,880 --> 00:22:46,320

convention skeptics com au and click the

464

00:23:19,430 --> 00:23:16,310

here is a press release released on the

465

00:23:26,210 --> 00:23:19,440

21st of March 2016 by the Friends of

466

00:23:29,840 --> 00:23:26,220

science in medicine at WWDC encinia new

467

00:23:32,180 --> 00:23:29,850

medicine co gio tau VA health care

468

00:23:35,149 --> 00:23:32,190

watchdog endorses concern about

469

00:23:38,899 --> 00:23:35,159

integrative medicine friends of science

470

00:23:40,490 --> 00:23:38,909

in medicine if sm has endorsed the

471

00:23:42,710 --> 00:23:40,500

concerns about integrative medicine

472

00:23:45,950 --> 00:23:42,720

published today in the medical journal

473

00:23:47,930 --> 00:23:45,960

of australia the analysis by Professor

474

00:23:49,700 --> 00:23:47,940

Edsel Ernst a leading international

475

00:23:51,710 --> 00:23:49,710

authority on complementary and

476

00:23:54,130 --> 00:23:51,720

alternative medicine claims that the

477

00:23:56,539 --> 00:23:54,140

vast majority of integrative clinics

478

00:23:59,389 --> 00:23:56,549

advertised alternative therapies that

479

00:24:01,490 --> 00:23:59,399

like a solid evidence base and that

480

00:24:04,730 --> 00:24:01,500

integrative medicine is little more than

481

00:24:06,919 --> 00:24:04,740

end quote ill-conceived concept end

482

00:24:10,430 --> 00:24:06,929

quote in conflict with evidence-based

483

00:24:14,630 --> 00:24:10,440

medicine professor john dwyer president

484

00:24:17,330 --> 00:24:14,640

of fsm stressed that FSM had been

485

00:24:19,519 --> 00:24:17,340

issuing similar warnings for some time

486

00:24:22,430 --> 00:24:19,529

about the emergence of Integrative

487

00:24:25,580 --> 00:24:22,440

Medicine in Australia quote many GPS who

488

00:24:28,789 --> 00:24:25,590

lead integrative medicine practices

489

00:24:31,700 --> 00:24:28,799

promote alternative medicine concepts to

490

00:24:33,980 --> 00:24:31,710

their patients and in doing so abandon

491

00:24:36,169 --> 00:24:33,990

the long-held commitment of doctors to

492

00:24:38,240 --> 00:24:36,179

champion the importance of credible

493

00:24:41,210 --> 00:24:38,250

scientific evidence of clinical

494

00:24:43,220 --> 00:24:41,220

effectiveness underpinning the care they

495

00:24:46,519 --> 00:24:43,230

provide to patients in quote said

496

00:24:48,500 --> 00:24:46,529

Professor Dwyer quote the prestigious

497

00:24:51,470 --> 00:24:48,510

National Health and Medical Research

498

00:24:53,659 --> 00:24:51,480

Council recently reported to government

499

00:24:57,260 --> 00:24:53,669

that they could find no evidence of

500

00:24:59,840 --> 00:24:57,270

clinical benefit from any of the 18 most

501
00:25:02,000 --> 00:24:59,850
common alternative modalities commonly

502
00:25:05,389 --> 00:25:02,010
promoted in integrative medicine and

503
00:25:07,580 --> 00:25:05,399
quote he said fsm strongly supports

504
00:25:10,159 --> 00:25:07,590
research into traditional therapies that

505
00:25:12,830 --> 00:25:10,169
are not an affront to accepted knowledge

506
00:25:15,019 --> 00:25:12,840
of physiology and pathology and where

507
00:25:15,769 --> 00:25:15,029
there is strong anecdotal evidence to

508
00:25:18,080 --> 00:25:15,779
suggest

509
00:25:20,599 --> 00:25:18,090
proper scientific evaluation would be

510
00:25:23,739 --> 00:25:20,609
important however neuroscientist

511
00:25:26,450 --> 00:25:23,749
professor Micelli Costa claimed quote

512
00:25:28,609 --> 00:25:26,460
integrative medicine has nothing to do

513
00:25:30,560 --> 00:25:28,619

with proper efforts to bring scientific

514

00:25:32,959 --> 00:25:30,570

and alternative medicine together in

515

00:25:35,959 --> 00:25:32,969

ways that would determine what works and

516

00:25:37,999 --> 00:25:35,969

what does not work participants in

517

00:25:40,639 --> 00:25:38,009

integrative medicine practices are

518

00:25:43,249 --> 00:25:40,649

promoting parallel pathways mixing

519

00:25:45,379 --> 00:25:43,259

science-based health professions with

520

00:25:47,299 --> 00:25:45,389

pseudo science based health professions

521

00:25:49,669 --> 00:25:47,309

suggesting that this approach offers

522

00:25:52,820 --> 00:25:49,679

patients the best of both worlds unquote

523

00:25:54,859 --> 00:25:52,830

in his recent address to University of

524

00:25:57,589 --> 00:25:54,869

Adelaide medical graduates published

525

00:25:59,719 --> 00:25:57,599

this month in medic essay emeritus

526

00:26:03,320 --> 00:25:59,729

professor Alistair mclennan vice

527

00:26:05,299 --> 00:26:03,330

president of fsm warned the new

528

00:26:08,269 --> 00:26:05,309

graduates that they would be challenged

529

00:26:10,519 --> 00:26:08,279

by an upsurge in non evidence-based

530

00:26:13,909 --> 00:26:10,529

therapies and alternative therapies and

531

00:26:16,639 --> 00:26:13,919

that quote they should not be seduced

532

00:26:18,619 --> 00:26:16,649

into lucrative but unproven and

533

00:26:20,599 --> 00:26:18,629

therefore untenable amalgam of

534

00:26:22,999 --> 00:26:20,609

traditional medicine and pseudo

535

00:26:25,339 --> 00:26:23,009

scientific alternative practices and

536

00:26:28,129 --> 00:26:25,349

quote professor mclennan quoted

537

00:26:30,979 --> 00:26:28,139

professor David Gorski as saying quote

538

00:26:33,609 --> 00:26:30,989

when health fraud turns into alternative

539

00:26:35,599 --> 00:26:33,619

medicine and then evolved into

540

00:26:38,169 --> 00:26:35,609

complementary and alternative medicine

541

00:26:40,789 --> 00:26:38,179

and then reached its final form of

542

00:26:44,599 --> 00:26:40,799

Integrative Medicine the language war

543

00:26:47,389 --> 00:26:44,609

was lost that's how quackery became main

544

00:26:49,549 --> 00:26:47,399

stream in quote quote the australian

545

00:26:52,190 --> 00:26:49,559

federal government has no legitimate

546

00:26:54,049 --> 00:26:52,200

basis to continue funding health fraud

547

00:26:56,359 --> 00:26:54,059

and quackery in quote said professor

548

00:26:58,190 --> 00:26:56,369

mclennan today quote just as the

549

00:27:00,499 --> 00:26:58,200

government is appropriately suggesting

550

00:27:02,299 --> 00:27:00,509

removing medicare benefits for unproven

551
00:27:04,639 --> 00:27:02,309
or low value medical and surgical

552
00:27:07,690 --> 00:27:04,649
procedures there are no grounds for

553
00:27:10,639 --> 00:27:07,700
continuing to subsidize a vast array of

554
00:27:12,979 --> 00:27:10,649
unproven therapies directly or

555
00:27:15,440 --> 00:27:12,989
indirectly through private insurance

556
00:27:17,869 --> 00:27:15,450
rebates unquote when that media release

557
00:27:23,230 --> 00:27:17,879
comes to us from the Friends of science

558
00:27:43,360 --> 00:27:23,240
in medicine at ww science in medicine

559
00:27:45,940 --> 00:27:43,370
org not a you Sydneysiders on the 9th of

560
00:27:48,880 --> 00:27:45,950
April we have the Australian skeptics

561
00:27:52,150 --> 00:27:48,890
dinner meeting and this time the topic

562
00:27:55,540 --> 00:27:52,160
is evolution now he might have thought

563
00:27:57,970 --> 00:27:55,550

creationism was dead done and dusted but

564

00:28:00,669 --> 00:27:57,980

far from it we're kicking off our new

565

00:28:02,710 --> 00:28:00,679

year of Sydney skeptics dinner meetings

566

00:28:05,549 --> 00:28:02,720

with a bit of an eye-opener the

567

00:28:08,049 --> 00:28:05,559

evolution of the anti-evolution movement

568

00:28:10,540 --> 00:28:08,059

professor Graham up being head of the

569

00:28:12,010 --> 00:28:10,550

school of philosophical historical and

570

00:28:15,340 --> 00:28:12,020

International Studies at Monash

571

00:28:17,080 --> 00:28:15,350

University says that since the year 2000

572

00:28:19,180 --> 00:28:17,090

the teaching of creationism in the

573

00:28:21,669 --> 00:28:19,190

science classes has become more

574

00:28:24,010 --> 00:28:21,679

prevalent groups like the Christian

575

00:28:25,990 --> 00:28:24,020

Science Foundation Answers in Genesis

576

00:28:28,360 --> 00:28:26,000

creation ministries and creation

577

00:28:30,700 --> 00:28:28,370

research work hard to get their

578

00:28:33,850 --> 00:28:30,710

materials into schools and this includes

579

00:28:35,919 --> 00:28:33,860

giving creationist showbags to students

580

00:28:37,330 --> 00:28:35,929

in New South Wales who better than to

581

00:28:40,630 --> 00:28:37,340

speak on this topic when someone

582

00:28:43,960 --> 00:28:40,640

involved in the famous us kitzmiller vs.

583

00:28:46,049 --> 00:28:43,970

Dover trial in the year 2005 over a

584

00:28:49,750 --> 00:28:46,059

policy that required the teaching of

585

00:28:52,570 --> 00:28:49,760

intelligent design in biology classes so

586

00:28:54,250 --> 00:28:52,580

dr. Nick matzke will be there and he's a

587

00:28:57,100 --> 00:28:54,260

postdoc torial scientist at the

588

00:28:59,710 --> 00:28:57,110

Australian National University holding a

589

00:29:01,780 --> 00:28:59,720

discovery early career research award

590

00:29:06,520 --> 00:29:01,790

from the Australian Research Council

591

00:29:08,370 --> 00:29:06,530

from 2004 to 2007, I worked for the

592

00:29:11,169 --> 00:29:08,380

US National Center for Science Education

593

00:29:13,270 --> 00:29:11,179

which combats attempts to insert

594

00:29:15,970 --> 00:29:13,280

creationism and anti-other science

595

00:29:18,490 --> 00:29:15,980

topics into the public schools so that's

596

00:29:21,310 --> 00:29:18,500

the Sydney skeptics and in a meeting the

597

00:29:23,830 --> 00:29:21,320

ninth of April at the ride Eastwood

598

00:29:26,740 --> 00:29:23,840

Leagues Club kicking off at six thirty

599

00:29:29,980 --> 00:29:26,750

and you can get your tickets at ww

600

00:29:43,070 --> 00:29:29,990

skeptics, calm day you and we'll see you

601
00:29:51,470 --> 00:29:48,270
here's my not spooky action at the

602
00:29:55,410 --> 00:29:53,850
once again a group of shadowy people

603
00:29:56,820 --> 00:29:55,420
from a shadowy background and perhaps

604
00:29:58,830 --> 00:29:56,830
members of the shadow government meet

605
00:30:00,600 --> 00:29:58,840
underground in camperdown in a place

606
00:30:03,240 --> 00:30:00,610
that it has alcohol upstairs alcohol

607
00:30:05,790 --> 00:30:03,250
downstairs and alcohol inside us where

608
00:30:06,750 --> 00:30:05,800
were the man who has a unique podcast

609
00:30:09,150 --> 00:30:06,760
because you are listening to a podcast

610
00:30:11,430 --> 00:30:09,160
and maybe you'd like to listen to his

611
00:30:13,260 --> 00:30:11,440
podcast who we got here could I um

612
00:30:15,240 --> 00:30:13,270
Ronnie Todd from the podcasts pokey

613
00:30:18,720 --> 00:30:15,250

pokies spoki blogging so you'd have a

614

00:30:19,980 --> 00:30:18,730

male agenda about that wouldn't you have

615

00:30:22,410 --> 00:30:19,990

a bit of a bit of white male privilege

616

00:30:25,620 --> 00:30:22,420

going on there see that was one of the

617

00:30:27,810 --> 00:30:25,630

approved names of our podcasts

618

00:30:30,420 --> 00:30:27,820

originally were going to it was um I

619

00:30:31,770 --> 00:30:30,430

wanted to psychedelics but I that that

620

00:30:35,120 --> 00:30:31,780

didn't like that but then there's also

621

00:30:38,400 --> 00:30:35,130

someone suggested how about pedophiles

622

00:30:40,200 --> 00:30:38,410

and I think smoky bloke is is better

623

00:30:42,060 --> 00:30:40,210

than that so if but we're probably the

624

00:30:43,920 --> 00:30:42,070

least sploagie blokey blokes you

625

00:30:45,570 --> 00:30:43,930

probably know now you just get around

626

00:30:47,760 --> 00:30:45,580

choosing it off on a bike with the two

627

00:30:50,010 --> 00:30:47,770

you're talking to locals in Sydney or

628

00:30:51,480 --> 00:30:50,020

Melbourne suburbs yeah we right around

629

00:30:53,310 --> 00:30:51,490

sometimes we just talk to each other and

630

00:30:55,440 --> 00:30:53,320

Wuffa Laden about the suburb or we talk

631

00:30:58,230 --> 00:30:55,450

about some story that happened or we

632

00:30:59,940 --> 00:30:58,240

reenact a scene that didn't happen and

633

00:31:01,890 --> 00:30:59,950

all we sometimes we argue about

634

00:31:03,300 --> 00:31:01,900

something now I heard you record about

635

00:31:05,070 --> 00:31:03,310

an hour's worth of stuff and it comes

636

00:31:06,300 --> 00:31:05,080

back to 15 minutes so that's pretty good

637

00:31:07,920 --> 00:31:06,310

you could be chucking away a lot of

638

00:31:09,480 --> 00:31:07,930

rubbish and it's cool yes a lot of

639

00:31:11,520 --> 00:31:09,490

rabbit and a lot of puffing and while

640

00:31:13,680 --> 00:31:11,530

we're riding uphill was very steep hills

641

00:31:15,660 --> 00:31:13,690

do you actually drink alcohol while you

642

00:31:17,250 --> 00:31:15,670

ride actually I didn't try and one of

643

00:31:19,310 --> 00:31:17,260

the up and coming episodes to drink up

644

00:31:22,110 --> 00:31:19,320

in a while while I was writing but at

645

00:31:23,820 --> 00:31:22,120

I'll give it away at cockatoo island but

646

00:31:25,230 --> 00:31:23,830

um it was only a really small but you

647

00:31:27,090 --> 00:31:25,240

could drink it so I couldn't really do

648

00:31:29,160 --> 00:31:27,100

that right around there let's the hell

649

00:31:31,680 --> 00:31:29,170

onto the pole but also be pretty boring

650

00:31:33,690 --> 00:31:31,690

so the cycling podcast it's a comedy or

651
00:31:35,970 --> 00:31:33,700
a comedy cycling podcast but how would

652
00:31:39,300 --> 00:31:35,980
you describe it it's just two guys

653
00:31:40,650 --> 00:31:39,310
riding bikes talking think that would

654
00:31:41,970 --> 00:31:40,660
probably don't even know that I didn't

655
00:31:43,290 --> 00:31:41,980
even know the name of my bike so is

656
00:31:46,950 --> 00:31:43,300
probably not really much of a cycling

657
00:31:51,360 --> 00:31:46,960
podcast and where will we find it on the

658
00:31:55,170 --> 00:31:51,370
internet when you are now on just did we

659
00:31:58,350 --> 00:31:55,180
go to websites pokéblock is calm and on

660
00:31:59,040 --> 00:31:58,360
iTunes and stitcher it's pokeblock ease

661
00:32:00,960 --> 00:31:59,050
and of course if they've got something

662
00:32:02,970 --> 00:32:00,970
to say to you can they contact you

663
00:32:03,740 --> 00:32:02,980

through facebook page yeah Facebook

664

00:32:06,170 --> 00:32:03,750

Twitter

665

00:32:08,630 --> 00:32:06,180

on our website or email spokeo blow keys

666

00:32:10,700 --> 00:32:08,640

at gmail com yeah and of course if you

667

00:32:12,560 --> 00:32:10,710

actually if you can't actually get

668

00:32:16,280 --> 00:32:12,570

yourself a new an mp3 player for some

669

00:32:17,930 --> 00:32:16,290

reason how how can people see you live

670

00:32:20,420 --> 00:32:17,940

because you're about to break yourself

671

00:32:22,640 --> 00:32:20,430

across the left wing capital of

672

00:32:24,110 --> 00:32:22,650

Melbourne yes we're going to play we're

673

00:32:25,820 --> 00:32:24,120

playing we're playing at their Melbourne

674

00:32:28,240 --> 00:32:25,830

International Comedy Festival will be at

675

00:32:31,100 --> 00:32:28,250

the Melbourne trades hall and Carlton

676

00:32:32,900 --> 00:32:31,110

gambler some live shows around early

677

00:32:34,390 --> 00:32:32,910

april to mid april right sort of the

678

00:32:38,480 --> 00:32:34,400

feud communists coming to see the show

679

00:32:40,130 --> 00:32:38,490

yes so i'll say goodnight or me and of

680

00:32:41,540 --> 00:32:40,140

course the the person who runs the whole

681

00:32:44,080 --> 00:32:41,550

thing is Siobhan and you've heard her on

682

00:32:46,640 --> 00:32:44,090

the show before with thinking animals

683

00:32:48,950 --> 00:32:46,650

thank you may know yes knowing animals

684

00:32:51,350 --> 00:32:48,960

I'm sorry well but they do think I think

685

00:32:53,900 --> 00:32:51,360

they do think so it's our job to know

686

00:32:55,400 --> 00:32:53,910

that they think hmmm ok and what you

687

00:32:57,980 --> 00:32:55,410

were to go coming up on your podcast oh

688

00:33:00,320 --> 00:32:57,990

I've got a couple of great episodes the

689

00:33:03,170 --> 00:33:00,330

one that came up last week was about

690

00:33:05,960 --> 00:33:03,180

vegan sexuality so the big question is

691

00:33:08,540 --> 00:33:05,970

is it okay for vegans to have sex with

692

00:33:11,480 --> 00:33:08,550

meat eaters is it a whole sense thing

693

00:33:13,580 --> 00:33:11,490

because you can smell the results well

694

00:33:16,460 --> 00:33:13,590

it's very controversial it's interesting

695

00:33:19,700 --> 00:33:16,470

Ingrid Newkirk from Peter says that it's

696

00:33:22,220 --> 00:33:19,710

the duty of every female vegan to have

697

00:33:24,230 --> 00:33:22,230

sex with a meat eater convert him to

698

00:33:28,760 --> 00:33:24,240

veganism and then move on to the next

699

00:33:32,060 --> 00:33:28,770

partner so so like a meat succubus kind

700

00:33:33,560 --> 00:33:32,070

of lab so that's good that's coming up

701
00:33:35,780 --> 00:33:33,570
in the show and I thought you didn't

702
00:33:38,180 --> 00:33:35,790
know anything controversial yes that's

703
00:33:41,420 --> 00:33:38,190
one of our most exciting episodes but

704
00:33:43,430 --> 00:33:41,430
we're also speaking to Jessica from the

705
00:33:46,340 --> 00:33:43,440
cruelty-free shop tomorrow I'm going to

706
00:33:48,230 --> 00:33:46,350
interview bitter Jones who is from RSPCA

707
00:33:50,600 --> 00:33:48,240
Australia she's just written a book

708
00:33:53,050 --> 00:33:50,610
about the live animal export trade so

709
00:33:55,850 --> 00:33:53,060
it's all about animals it's all about

710
00:33:58,730 --> 00:33:55,860
the vegan community and about activism

711
00:34:01,460 --> 00:33:58,740
but it's a very diverse podcast and it's

712
00:34:03,410 --> 00:34:01,470
evidence-based most of the time so half

713
00:34:04,460 --> 00:34:03,420

of the people we speak to our academics

714

00:34:06,050 --> 00:34:04,470

and they're speaking about their

715

00:34:08,240 --> 00:34:06,060

published work that's generally

716

00:34:10,610 --> 00:34:08,250

peer-reviewed and half the time we speak

717

00:34:13,010 --> 00:34:10,620

about we speak to activist so you tell

718

00:34:14,899 --> 00:34:13,020

me is it evidence based or not I'll have

719

00:34:15,810 --> 00:34:14,909

listening I'll let you know what's the

720

00:34:18,090 --> 00:34:15,820

web address

721

00:34:21,330 --> 00:34:18,100

so you can listen to knowing animals via

722

00:34:24,120 --> 00:34:21,340

lipson you can also go to iTunes and on

723

00:34:26,340 --> 00:34:24,130

Twitter where at knowing underscore

724

00:34:27,930 --> 00:34:26,350

animals and knowing animals at Facebook

725

00:34:29,970 --> 00:34:27,940

oh and because the next meetup for

726
00:34:31,590 --> 00:34:29,980
Sydney podcasters if you think you would

727
00:34:33,480 --> 00:34:31,600
like to start a podcast if you've got an

728
00:34:35,010 --> 00:34:33,490
interesting in podcasting if you just

729
00:34:37,140 --> 00:34:35,020
like to know how to get into it or even

730
00:34:39,540 --> 00:34:37,150
just a passing interest in podcasting

731
00:34:42,360 --> 00:34:39,550
come along when's our next MTG podcast

732
00:34:44,100 --> 00:34:42,370
is one and all join us at podcasting

733
00:34:46,710 --> 00:34:44,110
Sydney we meet regularly at the

734
00:34:49,470 --> 00:34:46,720
Chippendale hotel you can find all the

735
00:34:53,100 --> 00:34:49,480
information at podcasting Sydney it's a

736
00:34:56,000 --> 00:34:53,110
meetup group our next podcast meetup is

737
00:34:59,310 --> 00:34:56,010
going to be one in which we speak to

738
00:35:01,410 --> 00:34:59,320

Lindsey from friends or wrong otherwise

739

00:35:03,270 --> 00:35:01,420

known as the doctor and then soon after

740

00:35:06,890 --> 00:35:03,280

that we're going to tour a podcasting

741

00:35:09,870 --> 00:35:06,900

studio at UTS so plenty coming up go to

742

00:35:11,130 --> 00:35:09,880

podcasting sydney at meet up i'm going

743

00:35:13,260 --> 00:35:11,140

to arrange a podcast here in the room

744

00:35:15,930 --> 00:35:13,270

from psychology through two lots of

745

00:35:18,830 --> 00:35:15,940

comedy to science of course and end the

746

00:35:22,320 --> 00:35:18,840

cyclists you know come along and join us

747

00:35:24,510 --> 00:35:22,330

yes join us one and all and not only are

748

00:35:26,400 --> 00:35:24,520

we talking podcasts we're also recording

749

00:35:28,260 --> 00:35:26,410

a podcast right now so thank you very

750

00:35:44,760 --> 00:35:28,270

much may nod and thank you very much to

751
00:35:55,180 --> 00:35:50,020
on Maynard condo you hey you

752
00:35:57,960 --> 00:35:55,190
time to start bunga bunga 25 it's bunga

753
00:36:03,589 --> 00:36:00,720
with Tim alert as an air mane are that's

754
00:36:05,960 --> 00:36:03,599
right Lena

755
00:36:08,059 --> 00:36:05,970
hey Louis Theroux is coming to tour

756
00:36:09,620 --> 00:36:08,069
Louie thorough is coming to to it you a

757
00:36:11,359 --> 00:36:09,630
bit of a fan of Louie I have a couple of

758
00:36:13,940 --> 00:36:11,369
close friends who don't drink tea or

759
00:36:18,700 --> 00:36:13,950
coffee and I have to say I find it a bit

760
00:36:21,950 --> 00:36:18,710
weird everybody loves Louie so I don't

761
00:36:25,430 --> 00:36:21,960
all he does is he hangs around and ask

762
00:36:27,920 --> 00:36:25,440
questions like a sociopath if she calls

763
00:36:30,589 --> 00:36:27,930

you don't call straight back no matter

764

00:36:33,109 --> 00:36:30,599

what he hears or sees he always looks

765

00:36:36,579 --> 00:36:33,119

vaguely shocked everybody says he's cool

766

00:36:40,519 --> 00:36:36,589

my rule of thumb usually is if people go

767

00:36:44,960 --> 00:36:40,529

on triple j I go today I'm banga banga

768

00:36:48,259 --> 00:36:44,970

we will have tims musical quest crank

769

00:36:52,670 --> 00:36:48,269

mail crank mail and a very intense

770

00:36:55,029 --> 00:36:52,680

burning social issue also Tim tells you

771

00:36:58,460 --> 00:36:55,039

where to get off when it comes to music

772

00:37:01,219 --> 00:36:58,470

if i'll tell you stand by you won't like

773

00:37:03,620 --> 00:37:01,229

it coming up look up amon artarama in

774

00:37:05,450 --> 00:37:03,630

newcastle on the saturday these second

775

00:37:10,020 --> 00:37:05,460

of april where we showcasing the work of

776

00:37:13,380 --> 00:37:11,880

so if you got some roller skates it

777

00:37:15,900 --> 00:37:13,390

could be a bit of a Xanadu night for you

778

00:37:18,300 --> 00:37:15,910

there Tim that is fantastic you go to me

779

00:37:20,850 --> 00:37:18,310

go make sure you dress properly why not

780

00:37:23,040 --> 00:37:20,860

push things further than they should go

781

00:37:25,380 --> 00:37:23,050

so that the second of april come along

782

00:37:28,410 --> 00:37:25,390

to the amazing royal exchange and we'll

783

00:37:32,040 --> 00:37:28,420

have some fun there Tim Ferguson who do

784

00:37:33,630 --> 00:37:32,050

you think was Jack the Ripper the person

785

00:37:36,990 --> 00:37:33,640

who was Jack the Ripper is the person

786

00:37:39,690 --> 00:37:37,000

who would always get away with it the

787

00:37:42,070 --> 00:37:39,700

last person you would think Benedict

788

00:37:44,260 --> 00:37:42,080

Cumberbatch

789

00:37:47,410 --> 00:37:44,270

perhaps not that I've nailed him

790

00:37:54,450 --> 00:37:47,420

Benedict Cumberbatch Sherlock he is Jack

791

00:38:00,370 --> 00:37:57,820

because nobody suspects the guy who's

792

00:38:02,740 --> 00:38:00,380

dressed like Boy George was in the 80s

793

00:38:04,570 --> 00:38:02,750

nobody ever stops and says what else is

794

00:38:06,760 --> 00:38:04,580

he up to because it seems like he's

795

00:38:08,860 --> 00:38:06,770

already up to everything i count about

796

00:38:11,920 --> 00:38:08,870

that it had to be Benedict Cumberbatch

797

00:38:16,239 --> 00:38:11,930

if you have Benedict's meditech the

798

00:38:16,249 --> 00:38:30,799

Bongo Bonga on may not condone are you

799

00:38:34,589 --> 00:38:32,939

thank you for listening to the skeptic

800

00:38:36,089 --> 00:38:34,599

zone and maybe now you understand why

801
00:38:37,229 --> 00:38:36,099
the skeptic zone over the last few

802
00:38:39,870 --> 00:38:37,239
months has been a little up and down

803
00:38:42,630 --> 00:38:39,880
well hopefully the quality is still been

804
00:38:45,449 --> 00:38:42,640
there but a lot of my time was taken up

805
00:38:47,910 --> 00:38:45,459
by caring for my mother which was a good

806
00:38:49,650 --> 00:38:47,920
thing to do next week on the show I hope

807
00:38:53,640 --> 00:38:49,660
to be speaking to one of the organizers

808
00:38:57,269 --> 00:38:53,650
of para con Australia taking place in

809
00:38:59,719 --> 00:38:57,279
May May the 26 to the 29th and consumer

810
00:39:03,239 --> 00:38:59,729
in the blue mountains near Sydney a

811
00:39:05,699 --> 00:39:03,249
paranormal convention oh yes oh yes with

812
00:39:07,349 --> 00:39:05,709
ghost hunters and psychics and all sorts

813
00:39:08,999 --> 00:39:07,359

of things and the reason i'll be

814

00:39:12,420 --> 00:39:09,009

speaking to one of the organisers is

815

00:39:15,870 --> 00:39:12,430

because i'm an invited speaker hmm

816

00:39:17,339 --> 00:39:15,880

that's going to be interesting that's

817

00:39:19,650 --> 00:39:17,349

good i'm going to be talking about the

818

00:39:22,319 --> 00:39:19,660

various challenges around the world for

819

00:39:25,049 --> 00:39:22,329

large cash prizes if people can do their

820

00:39:27,689 --> 00:39:25,059

psychic claim yeah i'm going to be

821

00:39:32,609 --> 00:39:27,699

speaking to a room full of believers in

822

00:39:34,709 --> 00:39:32,619

the paranormal oh boy i don't know

823

00:39:37,049 --> 00:39:34,719

what's going to happen but anyway we'll

824

00:39:40,439 --> 00:39:37,059

find out more about the perricone

825

00:39:42,660 --> 00:39:40,449

australia on next week's show but for

826

00:39:47,669 --> 00:39:42,670

this week this is Richard Saunders with

827

00:39:50,339 --> 00:39:47,679

fond memories of my mum and gratitude

828

00:39:56,999 --> 00:39:50,349

for everything she did signing off from

829

00:39:59,519 --> 00:39:57,009

Sydney Australia you've been listening

830

00:40:03,029 --> 00:39:59,529

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831

00:40:05,279 --> 00:40:03,039

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832

00:40:09,689 --> 00:40:05,289

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00:40:11,819 --> 00:40:09,699

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834

00:40:15,150 --> 00:40:11,829

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00:40:23,189 --> 00:40:20,529

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00:40:26,910 --> 00:40:23,199

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839

00:40:28,979 --> 00:40:26,920

99 cents a week the skeptic zone is an

840

00:40:31,049 --> 00:40:28,989

independent production the views and

841

00:40:33,269 --> 00:40:31,059

opinions expressed on the skeptic zone

842

00:40:36,120 --> 00:40:33,279

and not necessarily those of Australian